



## Student/Parent Information Sheet

### 2010 Year 2 Institute Lama Foundation, New Mexico

July 14-19, 2010

Welcome back to GYLI, or if you are new this year, WELCOME!!! We are working very hard to provide a safe and fun learning experience! Please read all the information below and check [www.gyli.org](http://www.gyli.org) for the most up to date information. We are excited to have you on board for this personal journey and wonderful mountain adventure. It is exciting to work with each of you, helping you to become an effective and powerful agent of change in your school and in our world.

#### **Program Outline:**

#### July 14: **Arrive Albuquerque Airport by 3pm**

Orientation and welcome  
Watch group games

---

July 15: Tent camp setup  
Explore Lama Foundation  
Presentation on permaculture  
5 C's revisited  
Leadership styles  
Fire circle

---

July 16: Morning and afternoon with featured presenter  
Intro to mountain guides and essentials for the hike  
Make prayer flags for the hike tomorrow

---

July 17: Hike up Flag Mountain  
Flag ceremony on the mountain  
Down time – rest! and celebrate the hike

---

July 18: Solo experience  
Watch groups...reflecting on the journey  
Student led time and activities  
Community celebration

---

July 19: Closing ceremonies  
LLP presentations  
**Arrive at Albuquerque Airport at 3PM (Schedule flights to leave after 4pm)**

**Safety:**

We take great care to ensure your safety throughout all GYLI programs. All of our Institute Coordinators are CPR/First Aid certified. Students are in the constant care of both male and female chaperones. Curfews are enforced, safety hazards pointed out, and caring community is established in each GYLI program. Our average faculty-to-student ratio is 1:3, and our commitment is to provide the highest quality physical and emotional safety.

Please use your personal profile on [www.gyli.org](http://www.gyli.org) to list any medical needs. We can certainly accommodate almost any need, and would be glad to discuss a specific situation with you personally.

If you have **any safety concerns** before, during or after the GYLI summer institute, please don't hesitate to call or email your faculty chaperone, the Institute Coordinators, or GYLI Executive Director, Matt Nink (cell phone: 414.397.1159)

**Cell phones/electronics:**

All GYLI programs are designed to be low-tech and community focused. To that end we ask that students do **NOT BRING CELL PHONES or other electronics**. This will prevent any water damage in the mountains as well as keep our focus on the relationships within the group. Adults will have cell phones available in case of an emergency, and we will encourage students to call to tell of their arrival in Albuquerque. If a student does bring a cell phone, we will simply collect it and return it to the student at the end of the institute.

**Transportation:**

Transportation to and from the Albuquerque airport is the responsibility of GYLI students and faculty at participating schools.

Transportation to and from the Lama Foundation will be provided by GYLI from a commercially licensed company with professional drivers.

**Lodging:**

We will be sleeping in tents at the Lama Foundation. Students will sleep in separate tents by gender, and adults will sleep in separate tents from students. Tents will be provided, but see the packing list for appropriate sleeping gear. Please note that NO prior camping experience is necessary.

**Meals:**

GYLI will provide all meals beginning with dinner on July 14 and ending with lunch on July 19. Please use your GYLI website profile to list any dietary restrictions or preferences. **DO NOT BRING SNACKS**—we will provide plenty of healthy, energy sustaining snacks—and we don't want to attract any animals to our campsite.

**Sign up and Registration:**

Each GYLI student and faculty member will register at the GYLI website: [www.gyli.org](http://www.gyli.org). This can be done only when each school has a GYLI school coordinator to activate the system for each school.

**Tuition Costs:**

The tuition cost for the Year 2 Institute is \$1,800. This includes meals, bus transportation, lodging, guest speakers, and all program materials. This cost DOES NOT include airfare.

**Other Costs:**

Depending on travel arrangements, these may include transportation, lodging before or after the institute or other costs as determined by each GYLI school. Please consult your GYLI school coordinator for a breakdown of these costs.

**Parent Permission/Student Expectations form and Student Health form:**

Please visit [www.gyli.org](http://www.gyli.org) to download these forms. The expectations form must be signed by students AND by parents, the health form must be signed by a licensed medical practitioner, and they must both be submitted with the tuition check to the school coordinator. These forms must be received by GYLI BEFORE any student or faculty member can participate.

**Payment:**

All fees should be turned into the **GYLI participating school** through the school coordinator. Checks should be made out TO YOUR SCHOOL, and they are due in full at the time of sign up. Each school will submit one payment for all participants to GYLI. This will allow us to guarantee the facilities, pay speakers, and prepare for this institute.

**Financial Aid:**

We are committed to socio-economic diversity and therefore we will do everything possible to see that all qualified and committed candidates can participate in GYLI. Requests for financial aid should be made to each GYLI participating school. A limited number of block grants are available from GYLI to help cover school costs. Each school will request these funds from GYLI.

**Deadlines:**

All students and faculty should register on the website by February 1, 2010. All fees are due to the school as soon as possible after that time. All checks from schools are due to GYLI by March 1, 2010, and participant forms must be submitted by mail or fax to the GYLI office by April 1, 2010.

## GLOBAL YOUTH LEADERSHIP INSTITUTE – NEW MEXICO

### Personal Equipment List

Sleeping bag in a stuff sack (rated to 40 degrees or lower)

These items must fit in one suitcase or duffle bag:

- **foam sleeping pad**.....You will need one of these because we will be sleeping in tents, but don't go out and pay for a high dollar one. There are good, cheap ones at a sporting goods store.
- **hiking shoes and socks (mid-range and well broken in)**.....These should NOT be heavy trail boots. They should have good grip on the bottom (like on a trail running shoe). They also don't need to go up to the ankle. You should be fine with a nice trail shoe. You can find good deals on these if you don't have them already. They should be worn many times beforehand to prevent blisters.
- **walking shorts and loosely fitting (not tight) pants or jeans**
- **medium weight wool sweater and wool cap**.....We're in the mountains at an elevation of 8600', it will get chilly.
- **waterproof jacket (not just a windbreaker, but waterproof)**.....You should have this from the Year 1 institute
- **underwear, t-shirts, etc.**
- **medium sized towel**
- **small backpack (a "day pack")**.....Your school back-pack will work
- **two water bottles**...For daily use, and the hike up the mountain.
- **baseball cap/wide brimmed hat**.....We're much closer to the sun at this elevation and you will need it to prevent sunburn and overexposure
- **small flashlight**....For walking around at night. There is no civilization around us, so that means the night sky is pitch black.
- **Notepad/Journal and pens**
- **sunscreen and toiletries**.....The Lama Foundation would like us to use biodegradable toiletries as they reuse the water to water their fruit trees. If you don't want to go out and buy these, we'll have enough there to share.

### Not Allowed

- **flip flops**.....You will hurt your ankles when walking...no need for them
- **short-cropped tops and low-rider jeans**.....The weather and activities we'll be doing won't work with these clothes.
- **snack food**.....We are camping in a wilderness area...that means that if "critters" smell your food, they will come in and get it. We will be well fed while at the Lama Foundation, don't worry about bringing snacks and other food.
- **Knives**.....This isn't going to be like Survivor where you have to build your own shelters from the land...so you won't need any knives.
- **Cell phones and other electronics**..... We are coming together in a place that slows our daily pace down more than we are used to. There is little electricity to power your devices, cell phones don't have coverage in the area, and technology breaks up the circle we are trying to experience.