



## Year 1 Required Equipment List

- Sleeping bag or blanket and sheet for sleeping on ship and dormitory

**These items must fit in one duffle bag (soft-sided and squishable):**

- Tennis shoes and socks or sandals with straps (i.e. Tevas, Chacos or similar style)
- Comfortable shorts and loosely fitting pants (Jeans, Leggings, Sweatpants...)
- Tee Shirts and long sleeve shirts
- "WATERPROOF" jacket (not just "water resistant" we are outside – rain or shine)
- Medium sized towel
- Small backpack
- Water bottle
- Hat with brim
- Pen/Pencil
- Lotion sunscreen and toiletries
- Swimming suit (one piece / modest)
- Pillow
- Sweatshirt or Hoodie for cold evenings

**Optional:**

- Camera
- Book for leisure time
- Playing cards
- Journal
- Sunglasses
- Wristwatch
- Small flashlight
- Flip-flops as shower shoes
- SPF Chapstick

**Not Allowed:**

- Short-cropped tops and low-rider jeans
- Snack food
- Knives or camping tools
- Cell Phones/Laptop/technology that takes you away from community.....We are coming together in a place that slows our daily pace down more than we are used to. There is little electricity to power your devices, cell phones don't have coverage in the area, and technology breaks up the circle we are trying to experience.